

2026 Sew Flake Mystery Quilt Challenge

February: Block Two (Option A)

Block Two: Wyoming Valley - Simple Trim

Term Definitions:

- **HST** = Half square triangles
- **Scant $\frac{1}{4}$ "** = About a thread or needle width narrower than a regular quarter inch. Move your needle position one or two clicks to the right. Use a scrap piece of fabric and sew a scant $\frac{1}{4}$ ". Make sure it measures correctly. This should be slightly less than a $\frac{1}{4}$ ".
- **Stitch length** = The number of stitches per inch. Standard seaming is 2.5. When piecing it is recommended to use a 2.0. Find your machines stitch length and turn to 2.0.

You will need 4 Fabrics:

- 1 Background Fabric
- 1 Light Fabric
- 1 Medium Fabric
- 1 Dark Fabric



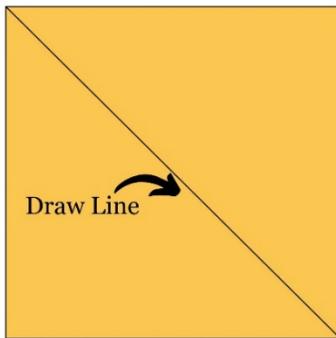
Hint: Use the blank block diagram and assign your fabric choices to each area. You can write the choice in, or you can paste a small clipping of fabric into the area. This will help you when you are cutting each section.

1 - Cut:

- Background Fabric:
 - **Cut** (1) strip 2.5" x 10" then **Sub Cut** (4): 2.5" X 2.5" squares.
Keep these squares separate from the other squares you will be cutting
 - **Cut** (1) strip 2 7/8" x 33" then **Sub Cut** (11): 2 7/8" x 2 7/8" squares
- Light Fabric:
 - **Cut** (1) strip 2 7/8" x 16" then **Sub Cut** (5): 2 7/8" x 2 7/8"
- Medium Fabric:
 - **Cut** (1) strip 2 7/8" x 25" then **Sub Cut** (8): 2 7/8" x 2 7/8" squares.
- Dark Fabric:
 - **Cut** (1) strip 2 7/8" x 25" then **Sub Cut** (8) – 2 7/8" x 2 7/8" squares

2 - Square Assembly:

- Mark all of the 2 7/8" background fabric squares with a diagonal across the back. This should be done with a light pencil or a removable fabric type of marker. Frixion pens work well.

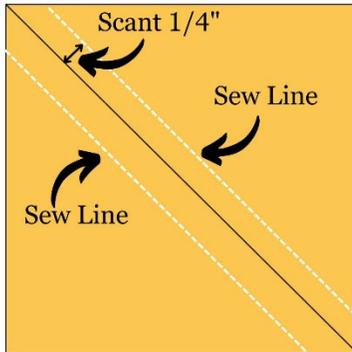


- Mark all of the 2 7/8" light fabric squares with a diagonal across the back. Lay your medium and dark colored fabric squares with the background fabric, right sides together.

- You should have 1 dark and 4 medium squares remaining. These squares are placed right sides together with the 5 light colored squares.

You should have:

- 7 pairs of dark with background HST
- 1 pair of dark to light HST
- 4 pairs of mediums with background HST
- 4 pairs of mediums to light HST



3 - Sew: Use the diagonal mark and sewing a scant 1/4 inch on each side of the mark. This creates two HST units. Chain piecing works well in this step to make two lines on each pair of squares.

4 - Cut HST: When sewn, set your seams. Cut the squares into HST by cutting through the solid marked line. Each sewn square creates 2 HST that should measure 2 1/2"

You should have:

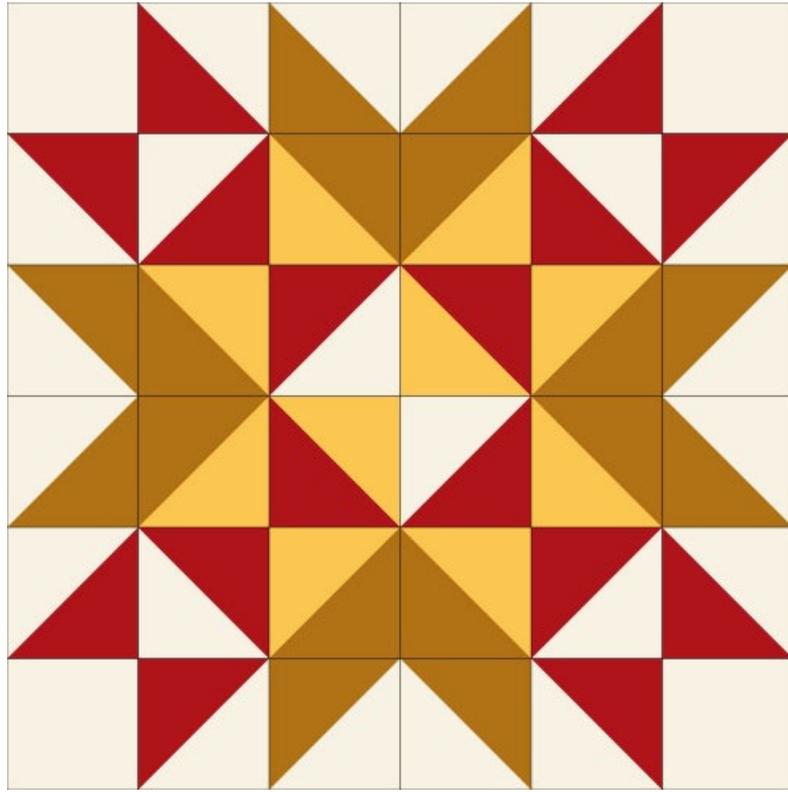
- 14 dark with background HST
- 2 dark to light HST
- 8 mediums with background HST
- 8 mediums to light HST

5 - Trim and Press: Press the seams to the darker fabric side. (You can choose to press your seams open.) Trim the corner tails off making a square.

6 - Arrange: Using your block diagram, arrange your HST to match the block shown. This is where you will also use the 2 1/2 inch background squares you put aside.

7 - Sew: Sew your units as shown in the diagram. Remember to set your seams.

8 - Complete: Your completed block should measure 12.5" square.



Wyoming Valley Block Diagram

Coloring - Fabric Page

