

2026 Sew Flake Mystery Quilt Challenge

April: Block One

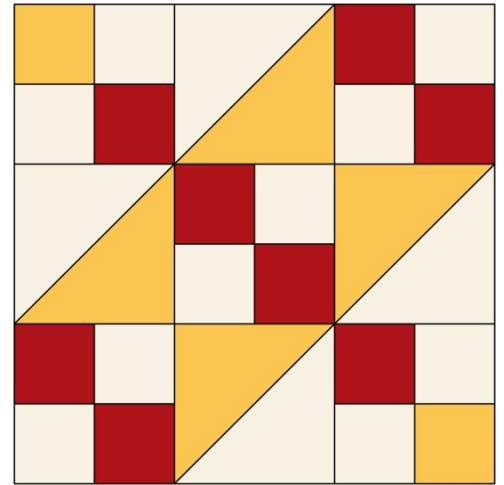
Block One: Chains

You will need 3 Fabrics:

- 1 Background Fabric
- 2 Different Colored Fabrics

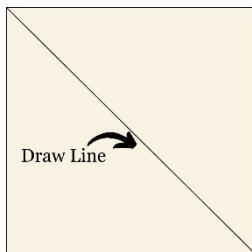


** Use the coloring block to assign your fabric choices. Note: The samples of different looks at the very end of these instructions.

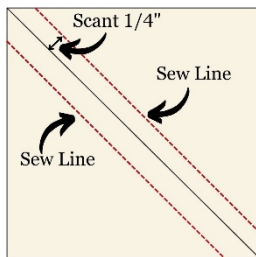


1 – Cut:

- Background Fabric:
 - **Cut** (2) 4 7/8 x 4 7/8 blocks
 - **Cut** (1) strip 2 1/2 inches x 21 inches
 - **Cut** (1) strip 2 1/2 inches x 6 inches
- Color Fabric One:
 - **Cut** (1) strip 2 1/2 inches x 21 inches
- Color Fabric Two:
 - **Cut** (2) 4 7/8 x 4 7/8 blocks
 - **Cut** (1) strip 2 1/2 inches x 6 inches



2 – Mark: Mark all the 4 7/8-inch Background Fabric squares with a diagonal line down the middle. This should be done with a light pencil or a removable fabric type of marker. Frixion pens work well.

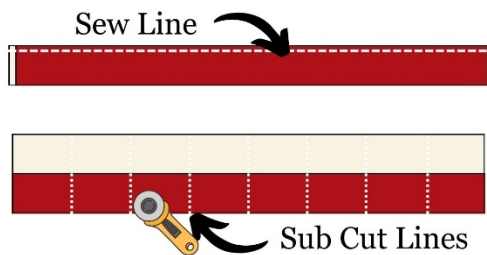


3 – Sew Squares: Using the Background Fabric squares and the Fabric Two squares, place them right sides together. Sew a scant 1/4 inch seam on both sides of the marked diagonal lines.

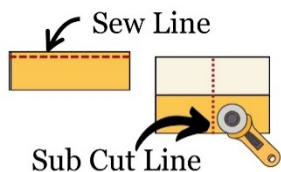
4 – Cut HST: When sewn, cut the squares into HST by cutting through the solid marked line. Set your seams and press the seam to the darkest fabric side. This should give you (4) 4 1/2" squares.

5 – Square Up: To "square up" your HST, place a quilting ruler over the unit so the 45-degree diagonal line on the ruler perfectly aligns with your sewn seam. Trim the edges so the unit measures exactly 4.5" x 4.5". This ensures all your points will line up perfectly when you sew the block together.

- **Need a Visual?** If you are new to this technique, search "how to square up a half square triangle" online for a quick video demonstration to see it in action.

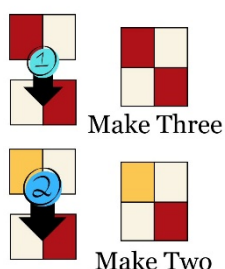


6 – Sew Long Strips: Using the 21” Background Fabric strip and the Fabric One 21” strip, place right sides together and sew a ¼” straight seam. Set your seam and press the seam towards the dark side of the fabrics.



8 – Sew Short Strips: Using the Background Fabric 6” strip and the Fabric Two 6” strip, place the right sides together. Sew a ¼ inch straight seam joining the fabrics together. Set the seam and press the fabric to the darker side.

9 – Sub Cut: Sub cut the strip into (2) 2 ½” pieces. They should measure 2 1/2 inches x 4 ½ inches.

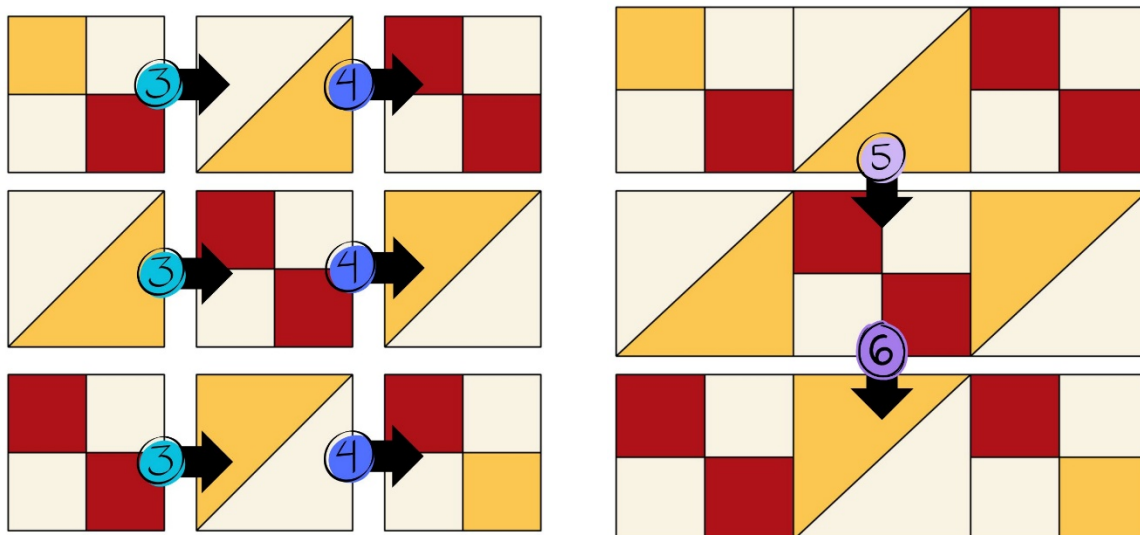


10 – Create 4 Square Patches: Arrange per diagram and sew (5) of the 4 patch squares

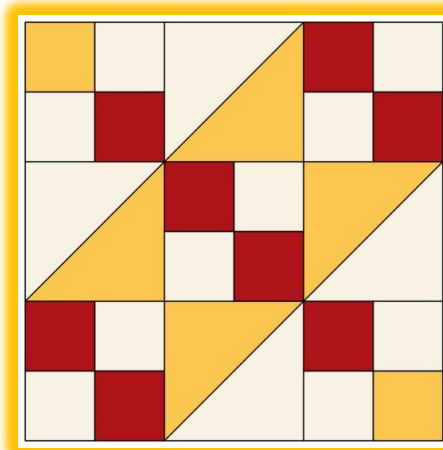
You should have:

- (3) 4 patch blocks with the Background Fabric and Fabric One
- (2) 4 patch blocks with all three fabrics

11 – Arrange: Arrange the sewn blocks as shown in the diagram below. Sew the blocks together as shown in the diagram.



12 – Complete: Your completed block should measure 12.5” square.

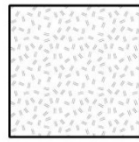


Chains Diagram

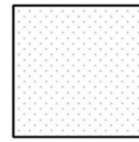
Coloring - Fabric Page



Background
Fabric



Fabric
One



Fabric
Two

