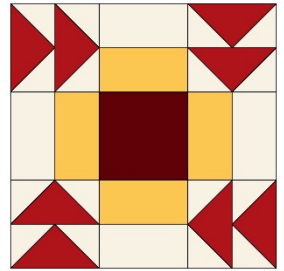


2026 Sew Flake Mystery Quilt Challenge

July: Block One



Block One: Round About

You will need 4 Fabrics:



Background Fabric

Fabric One (Bar Fabric)

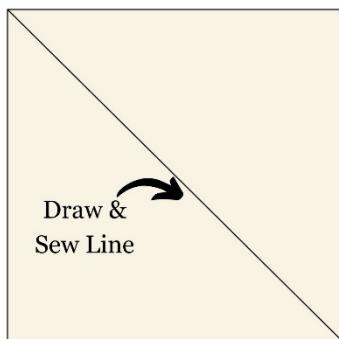
Fabric Two (Geese Fabric)

Accent Fabric (Center Fabric)

1 – Cut:

- Background Fabric:
 - **Cut** (1) 2 1/2" x 19" strip then **Sub Cut** (4) 2 1/2" x 4 1/2" rectangles
 - **Cut** (1) 2 1/2" x 40" strip then **Sub Cut** (16) 2 1/2" x 2 1/2" squares
Note: You can just cut (16) 2 1/2" x 2 1/2" squares if using scraps
- Fabric One (Bar Fabric)
 - **Cut** (1) 2 1/2" x 19" strip then **Sub Cut** (4) 2 1/2" x 4 1/2" rectangles
- Fabric Two (Geese Fabric)
 - **Cut** (1) 2 1/2" x 37" strip then **Sub Cut** (8) 2 1/2" x 4 1/2" rectangles
- Accent Fabric (Center Fabric)
 - **Cut** (1) square 4 1/2" x 4 1/2"

2 – Sew Bar Blocks: Make (4) Bar Blocks with two rectangle pieces (Fabric One and Background Fabric). See diagram.

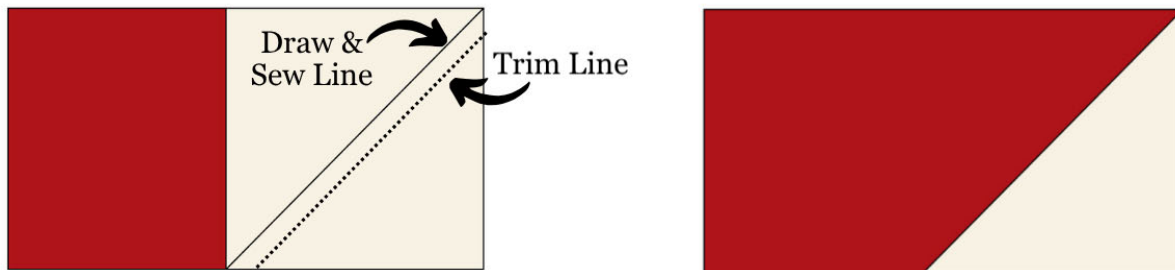


3 – Mark: Mark all the 2 1/2" x 2 1/2" Background Fabric squares with a diagonal across the back. This should be done with a light pencil or a removable fabric type of marker. Frixion pens work well.

4 – Start Flying Geese: Lay the background square, right sides together on one end of the (8) 2 1/2" x 4 1/2" Fabric Two rectangle as shown in the diagram. The marked diagonal line should be in the middle of the 4 1/2" rectangle, going to the outside corner. (See diagram.)

Sew along the marked line. You will be sewing only one side of the 4 1/2" rectangle. The chain method works well on this step.

When you have completed sewing the first square on all 8 units, trim the seam down to 1/4". Set your seam and press to the side.

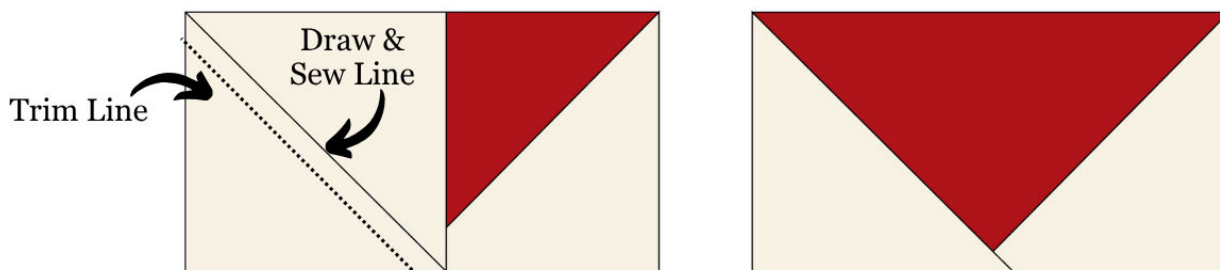


Julie's Note: I like to place my needle just to the right side of the marked line (away from the center of the rectangle). This helps compensate for the space of the marking on the fabric. This slight variance seems to be effective. When I place my needle just to the right edge of the line, the block works correctly.

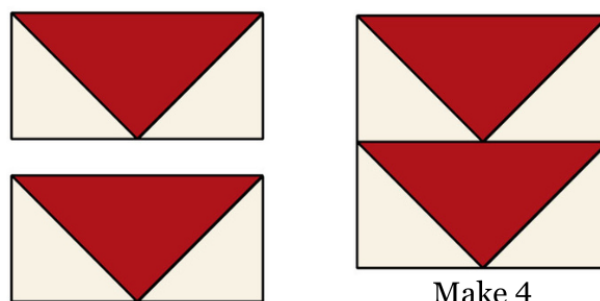
5 – Finish Flying Geese: Lay the remaining background squares, right sides together on the opposite end of the rectangle. The marked diagonal line should be in the middle just overlapping the first block sewn, going to the outside corner. (See the diagram.)

Using the chain method, sew all 8 blocks to the rectangle.

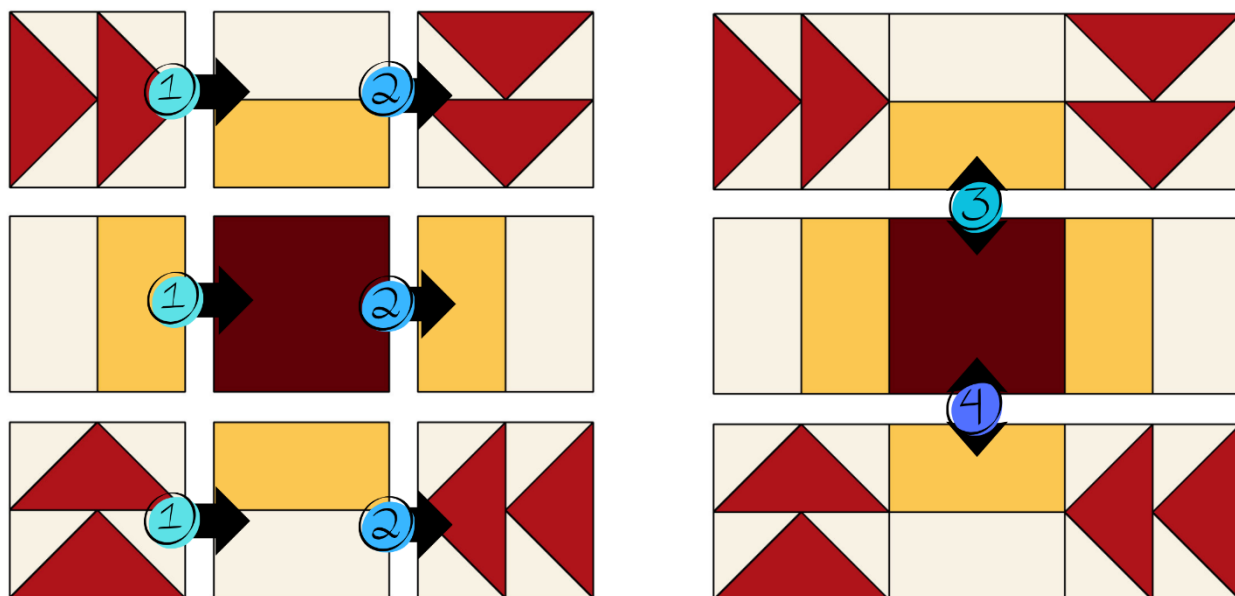
When completed, clip apart the chain and trim the seams down to 1/4" inch. Set your seam and press to the side.



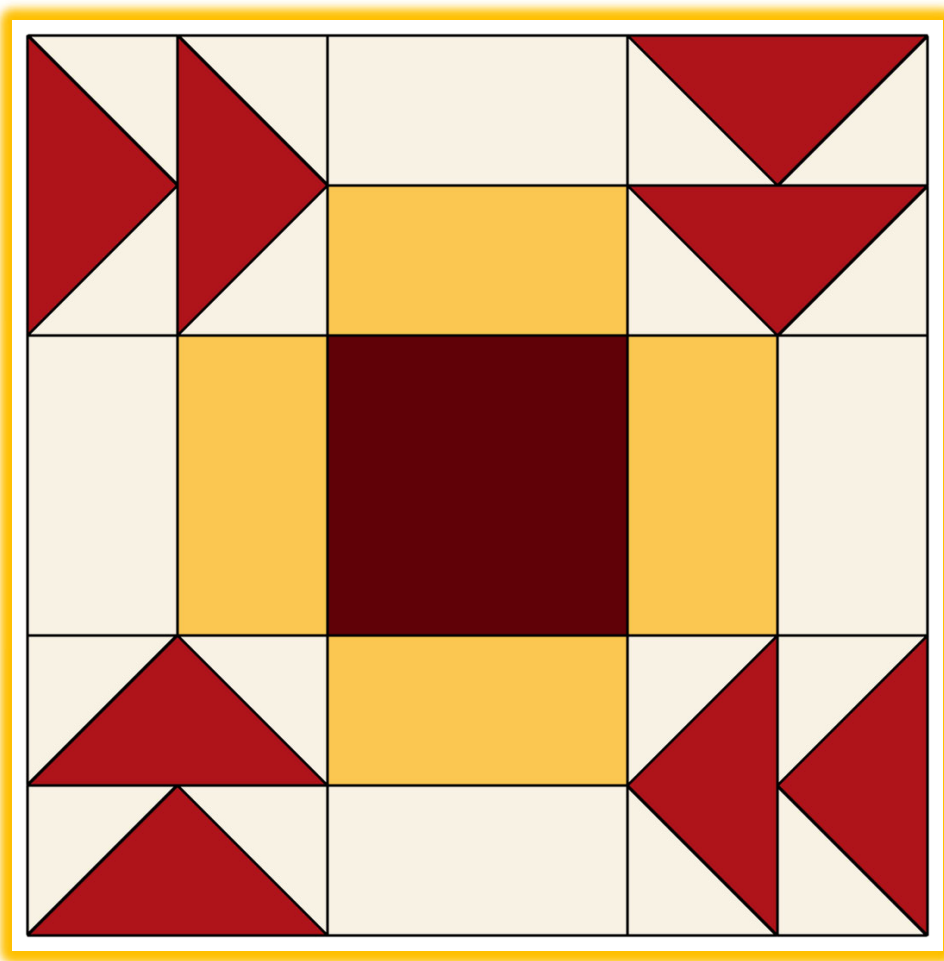
6 – Assemble Flying Geese Blocks: Make (4) Flying Geese Blocks using two finished Flying Geese rectangles. See diagram.



7 – Arrange: Arrange (1) Center Square, (4) Flying Geese Blocks, and (4) Bar Blocks as shown in the diagram. Sew together in order shown in the diagram.



8 – Complete: Your completed block should measure 12.5" square.

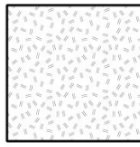


Round About Diagram

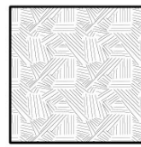
Coloring - Fabric Page



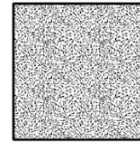
Background
Fabric



Fabric One
(Bar Fabric)



Fabric Two
(Geese Fabric)



Accent Fabric
(Center Fabric)

