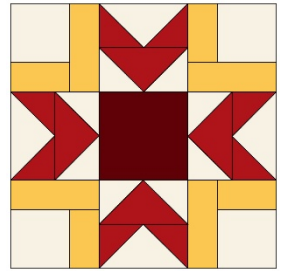


2026 Sew Flake Mystery Quilt Challenge

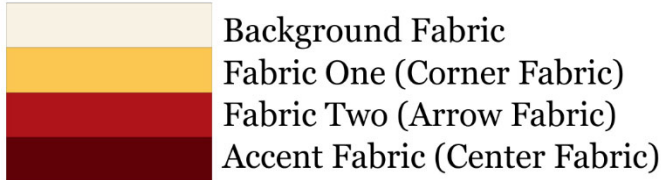
September: Block One



Block One: Morning Star

Option B: Using the Stitch-and-Flip method.
(This method is using the waste factor)

You will need 4 Fabrics:

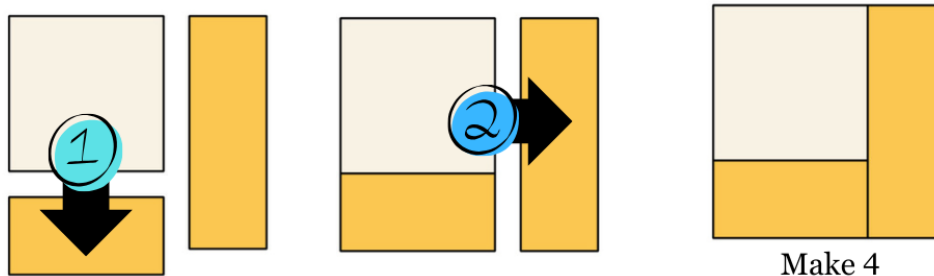


1 – Cut:

- Background Fabric:
 - **Cut** (4) 3 1/8" squares
 - **Cut** (4) 2 1/2" x 4 1/2" rectangles
 - **Cut** (1) 2 1/2" x 21" strip then **Sub Cut** (8) 2 1/2" squares
- Fabric One (Corner Fabric):
 - **Cut** (4) 1 7/8" x 3 1/8" rectangles
 - **Cut** (4) 1 7/8" x 4 1/2" rectangles
- Fabric Two (Arrow Fabric):
 - **Cut** (4) 2 1/2" x 4 1/2" rectangles
 - **Cut** (1) 2 1/2" x 21" strip then **Sub Cut** (8) 2 1/2" squares
- Accent Fabric (Center Fabric):
 - **Cut** (1) 4 1/2" square

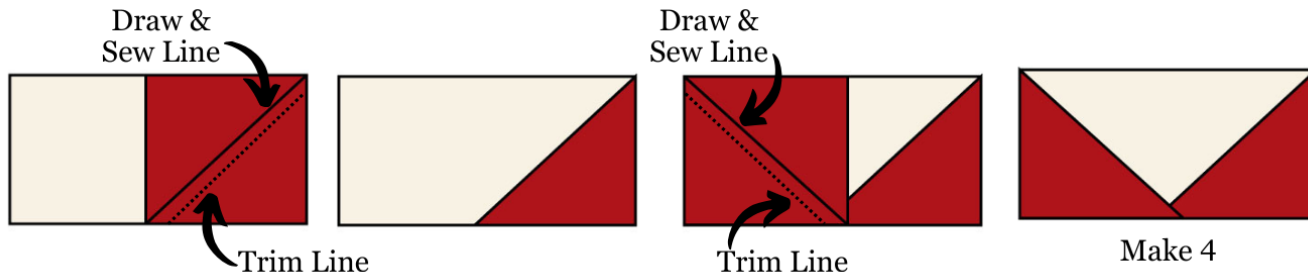
Julie's Note: This block uses 1/4" seams

2 – Make Corner Blocks: All (4) Corner Blocks use the (4) 3 1/8" Background Fabric squares and all Fabric One (Corner Fabric) rectangles. Assemble the blocks as shown in the diagram below. Set your seams and press. Finished Corner Blocks should measure 4 1/2" square.

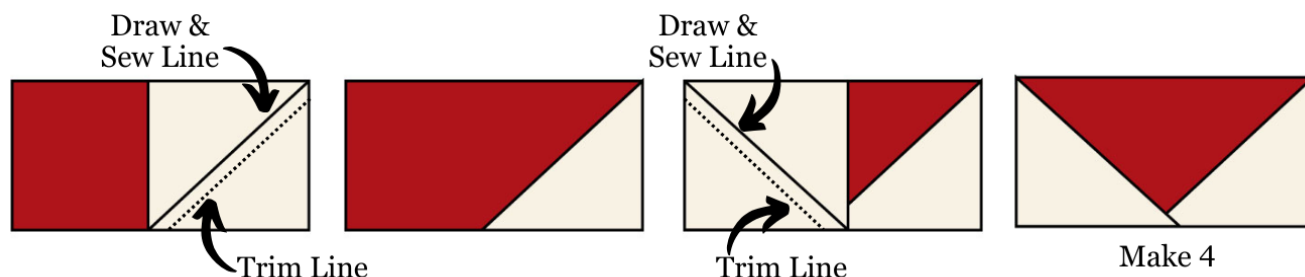


Make 4

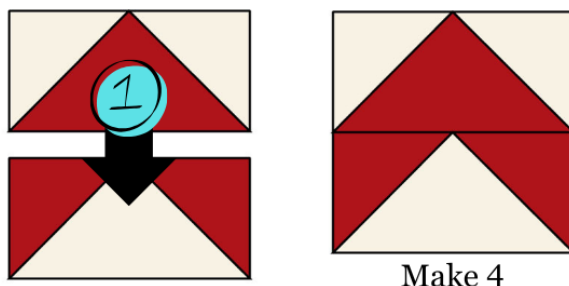
3 – Make First Four Flying Geese: The first four Flying Geese use the (4) 2 1/2" x 4 1/2" Background Fabric rectangles and the (8) 2 1/2" Fabric Two (Arrow Fabric) squares. Assemble the blocks as shown in the diagram below. Set your seams and press. Finished Flying Geese should measure 2 1/2" x 4 1/2"



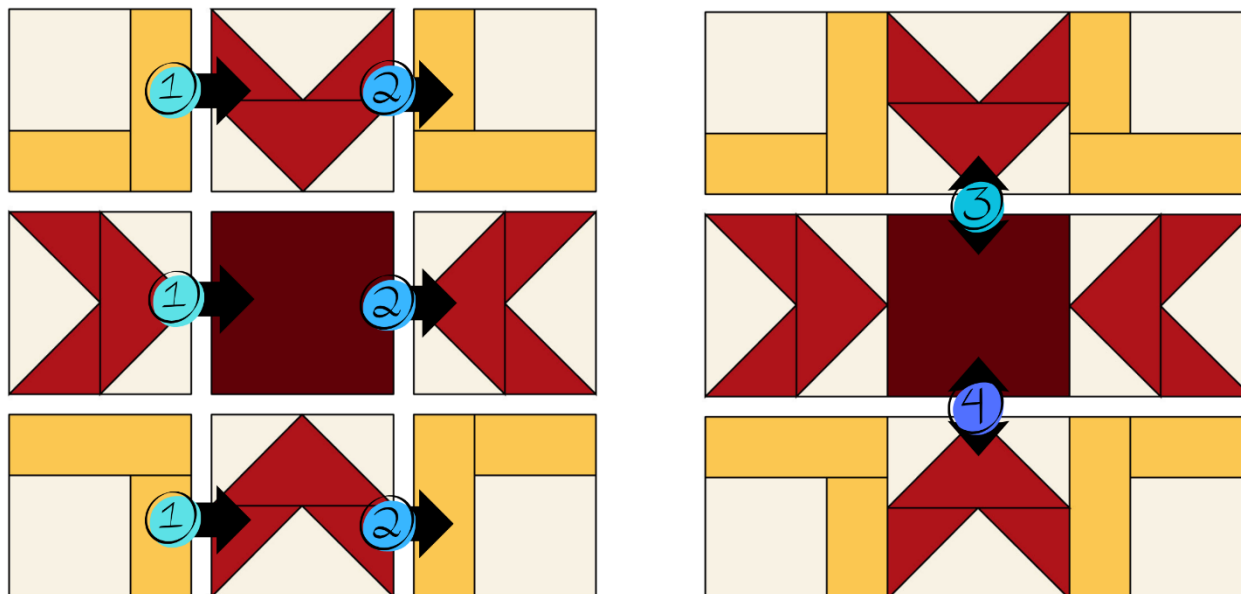
4 – Make Second Four Flying Geese: The second four Flying Geese use the (4) 2 1/2" x 4 1/2" Fabric Two (Arrow Fabric) rectangles and the (8) 2 1/2" Background Fabric squares. Assemble the blocks as shown in the diagram below. Set your seams and press. Finished Flying Geese should measure 2 1/2" x 4 1/2".



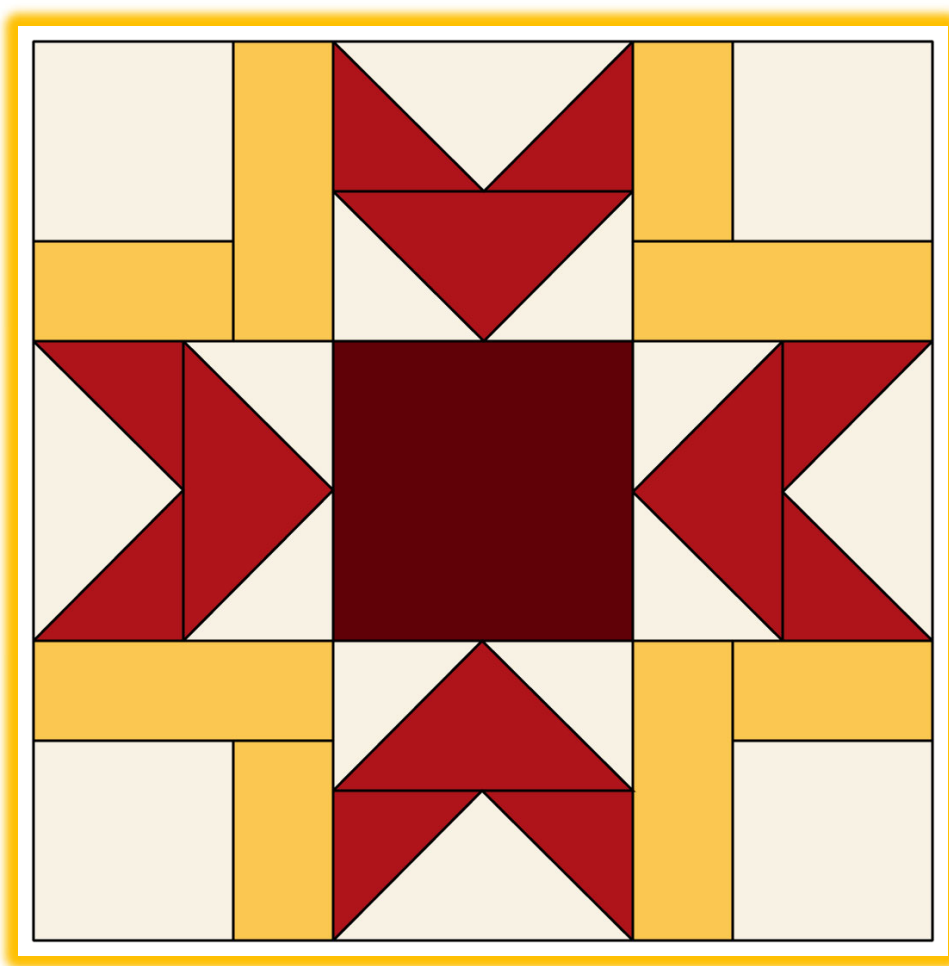
5 – Make Arrow Blocks: Using the finished flying geese, sew the (4) Arrow Blocks as shown below. Set your seams and press. Finished Arrow Blocks should measure 4 1/2" square.



6 – Arrange: Arrange (1) Center Square, (4) Corner Blocks, and (4) Arrow Blocks as shown in the diagram. Sew together in order shown in the diagram.



7 – Complete: Your completed block should measure 12 1/2" x 12 1/2" square.

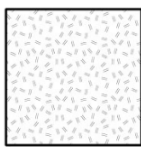


Two-Toned Morning Star Diagram

Coloring - Fabric Page



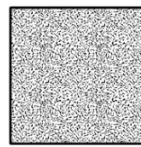
Background
Fabric



Fabric One
(Corner Fabric)



Fabric Two
(Arrow Fabric)



Accent Fabric
(Center Fabric)

