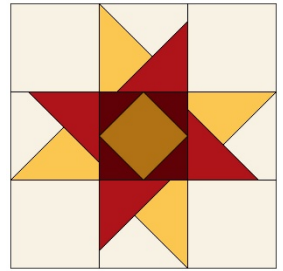


2026 Sew Flake Mystery Quilt Challenge

October: Block One



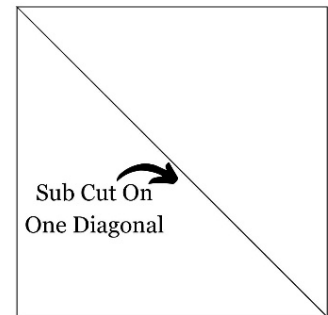
Block One: Double Friendship Star

You will need 3 Fabrics, with an Optional Center that uses 2 Fabrics:

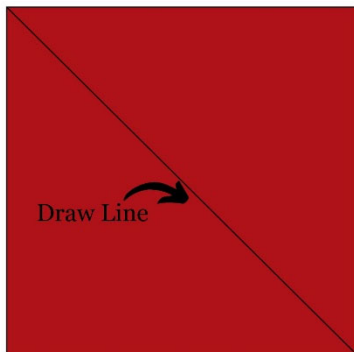
	Background Fabric
	Fabric One (Large Star Points)
	Fabric Two (Small Star Points)
	Fabric Three (Center Square Corners)
	Accent Fabric (Center Square)

Step 1 – Cut:

- Background Fabric:
 - **Cut** (2) 4 7/8" squares then **Sub Cut** on one diagonal
 - **Cut** (4) 4 1/2" squares
- Fabric One: Large Star Points
 - **Cut** (2) 4 7/8" squares then **Sub Cut** on one diagonal
- Fabric Two: Small Star Points
 - **Cut** (4) 3 1/2" squares
- Optional Fabric Three: Center Square Corners
 - **Cut** (2) 2 7/8" squares then **Sub Cut** on one diagonal
- Optional Accent Fabric: Center Square
 - **Cut** (1) 3 3/8" square



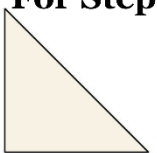
Julie's Note: If you wish to use only one fabric for the center square, eliminate the *Optional Fabric Three* and *Optional Accent Fabric*. **Cut (1) 4 1/2" square in the color of your choice.**



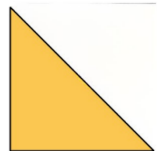
Step 2 – Mark: Mark all the 3 1/2" Fabric Two squares with a diagonal across the back. This should be done with a light pencil or a removable fabric type of marker. Frixion pens work well.

For Step 3, Use:

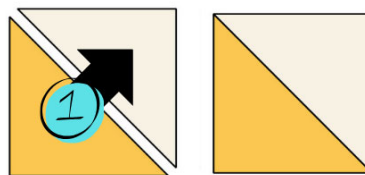
(4) 4 7/8" Background Fabric
Sub Cut triangles



(4) 4 7/8" Fabric One
Sub Cut triangles



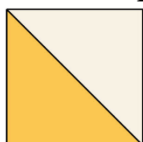
Step 3 – Make Large HST: Assemble the (4) Large HST blocks as shown in the diagram below. Set your seams and press.



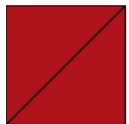
Make 4

For Step 4, Use:

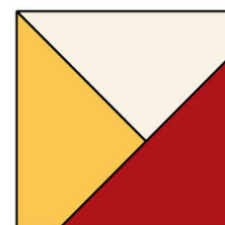
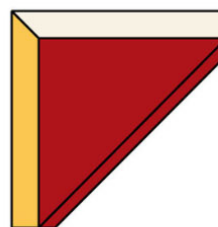
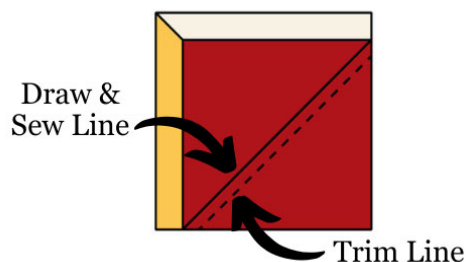
(4) Large HST Blocks



(4) 3 1/2" Fabric Two Squares



Step 4 – Make Dual Point Squares: Using the Large HST Blocks from Step 3 and the 3 1/2" Fabric Two squares, place the Fabric Two squares on the corner of the Large HST Blocks as seen in the diagram below. Trim 1/4" from the drawn line. Set your seams and press. The finished Dual Point Squares should measure 4 1/2" square.

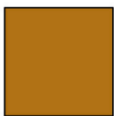


Make 4

Julie's Note: If you wish to use only one fabric for the center square, skip Steps 5 & 6. Use the (1) 4 1/2" square in the color of your choice in place of the Center Block.

For Step 5, Use:

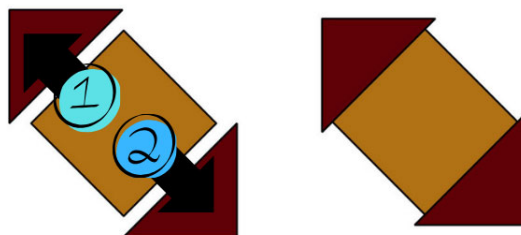
(1) 3 3/8" Accent Fabric Square



(2) 2 7/8" Fabric Three Sub Cut triangles



Step 5 – Start Center Block: Start assembling the Center Block as shown in the diagram below. Set your seams and press.



For Step 6, Use:

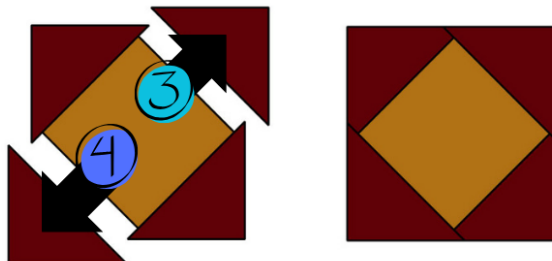
(1) Center Block Start



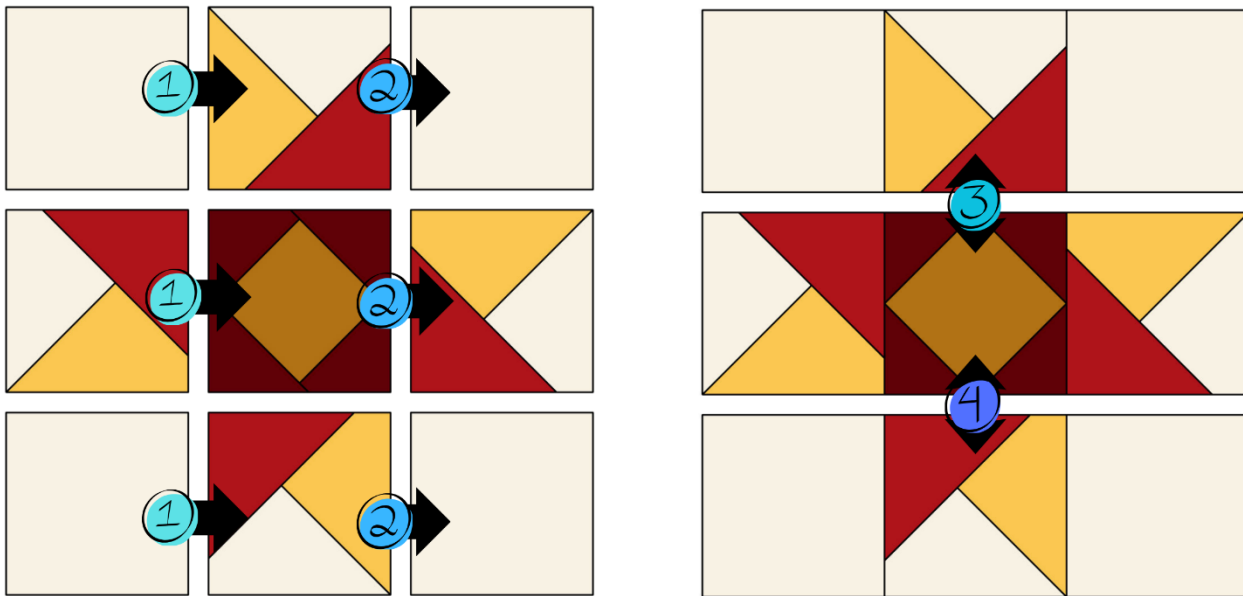
(2) 2 7/8" Fabric Three Sub Cut triangles



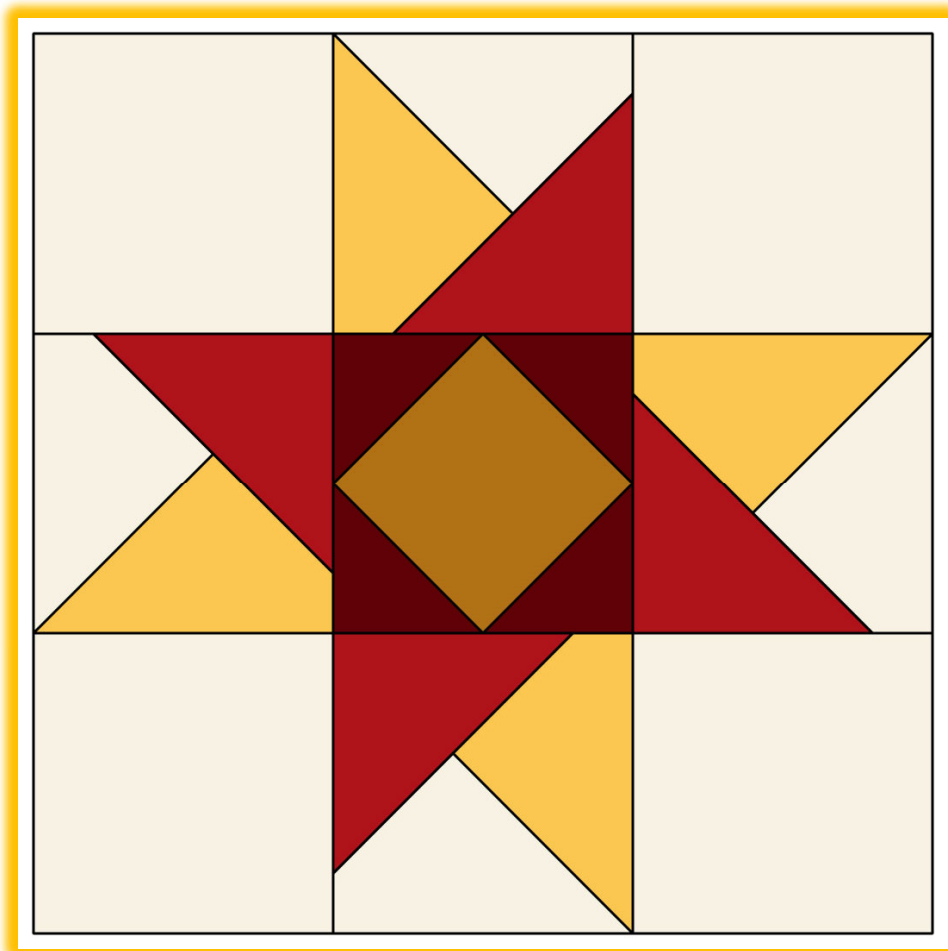
Step 6 – Finish Center Block: Finish assembling the Center Block as shown in the diagram below. Set your seams and press. The Center Block should measure 4 1/2" square.



Step 7 – Arrange: Arrange (1) Center Block or Center Square, (4) Background Fabric Corner Squares, and (4) Dual Point Blocks as shown in the diagram. Sew together in order shown in the diagram.



Step 8 – Complete: Your completed block should measure 12 1/2" x 12 1/2" square.



Example Block

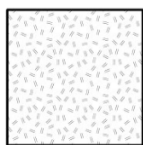


Double Friendship Star Diagram (5 Colors)

Coloring - Fabric Page



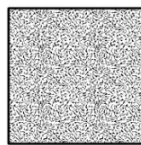
Background
Fabric



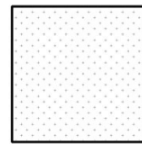
Fabric One
(Large Star Points)



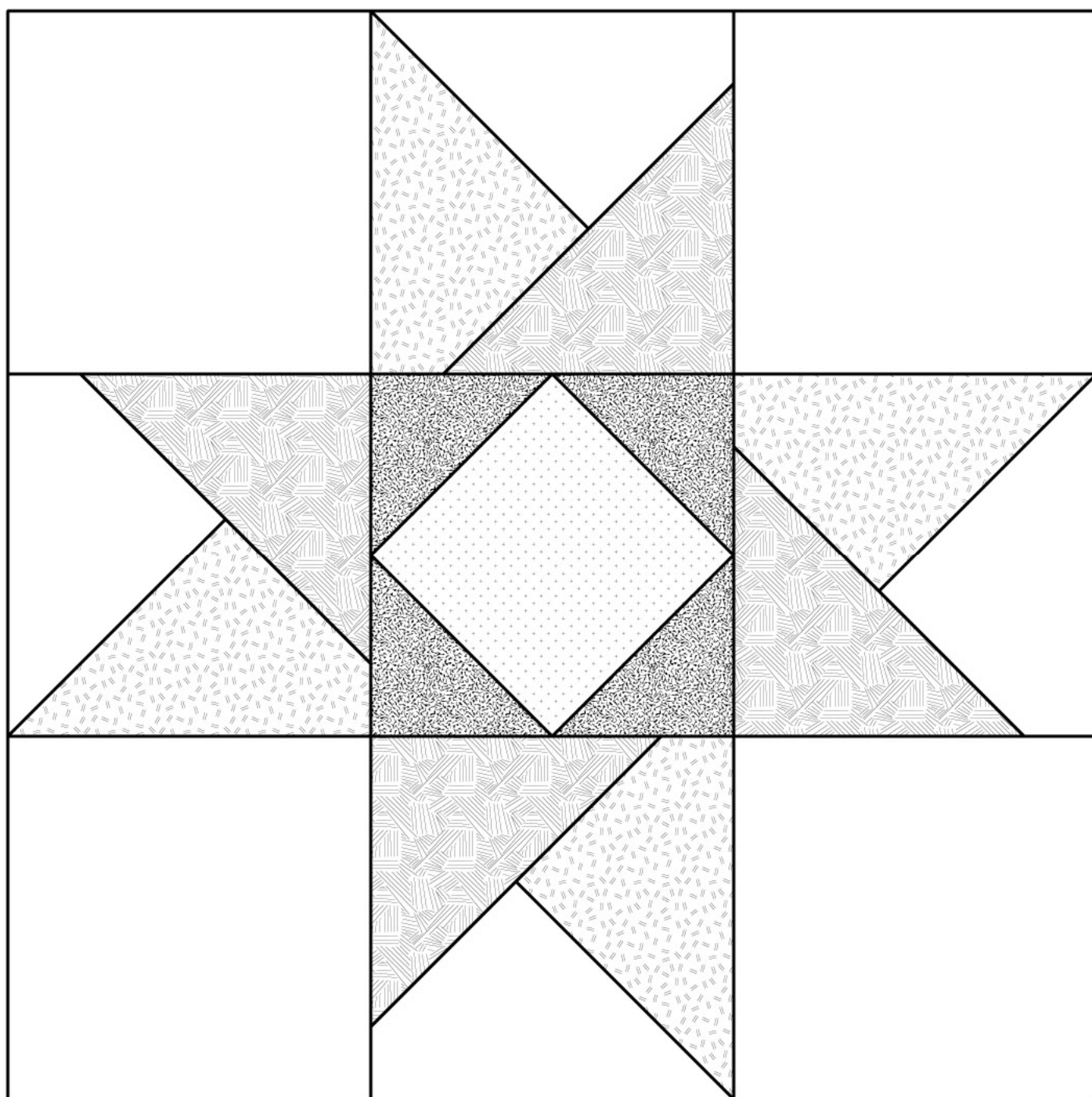
Fabric Two
(Small Star Points)



Fabric Three
(Center Square
Corners)



Accent Fabric
(Center Square)

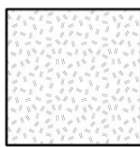


Double Friendship Star Diagram (3 Colors)

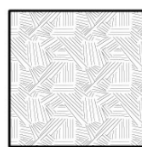
Coloring - Fabric Page



Background
Fabric



Fabric One
(Large Star Points)



Fabric Two
(Small Star Points)

